



Etobicoke Youth Soccer Club

Tobacco Free Policy

All games, activities, tournaments, competitions, practices, training sessions, events and other performances sanctioned by the Etobicoke Youth Soccer Club will be tobacco-free. Tobacco free means no smoking, snuffing, dipping, or chewing tobacco by players/participants, coaches, parents, spectators and officials within 9 metres (30 ft.) of any Etobicoke Youth Soccer Club activity.

WHY IS TOBACCO FREE SPORT AND RECREATION IMPORTANT?

Sport and recreation organizations play a vital role in the health and wellness of our community. A tobacco-free policy strengthens the positive impact our organization has on the health of the community and provides an important message about being tobacco-free to individuals who are part of our organization.

THE BENEFITS OF TOBACCO-FREE SPORT AND RECREATION INCLUDE:

- Preventing youth from starting to use tobacco industry products. Children and youth model their behaviour after the people they look up to - coaches, leaders, family and peers.
- Protecting the environment. Cigarette butts are the main source of litter in communities and beaches. It takes 15 years for a cigarette butt to biodegrade.
- Protecting children from second-hand smoke. There is no known safe level of exposure to second-hand smoke, even outdoors.
- Created a tobacco-free culture. It is important for youth to receive the same tobacco free messages at their local sport or recreation activities as they experience at school and in the wider community.